



Foundation program

This is for you if you want to build confidence, develop life and employment skills and create a pathway to meaningful employment or increased independence.

The Foundation program is designed for 16 to 22-year-olds with intellectual disability. This one-year program focuses on building self-awareness, vocational choices and independence – providing foundational skills for people who want to transition into the **Impact Program** or pursue other life goals.

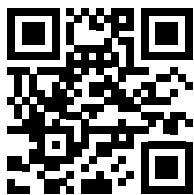
Through the program, you'll develop skills in areas like independent travel, daily living, social interactions and problem-solving. Plus, you'll have the opportunity to regularly visit companies and volunteer organisations, exploring roles in hospitality, customer service and more.

You can also combine the Foundation program with a tailored program at one of our **Community or Learning Hubs** across metropolitan Melbourne and regional Victoria, giving you even more opportunities to grow your skills.

As a Foundation participant, you'll benefit from:

- **Personalised curriculum:** A one-year program tailored to your goals, whether that's moving towards open employment, increasing confidence or building life skills.
- **Skill-building:** Focus on personal growth and wellbeing, as well as developing job-related skills to support your future goals.
- **Real-world experience:** Engage in work and community activities that build practical skills and boost your confidence.

Scan to
find out more



Program details

When and where:

Yooralla's Foundation program runs yearly from late-January to December, with classes held two days per week at our Community Hubs. Here, you'll meet new friends and build new skills in a fun, supportive environment.

Funding eligibility

- **Core - Group and Centre Based Activities** in your NDIS plan.
- **Self-funded.**



Impact program

Choose Impact if you're ready to dive into hands-on work experience and classroom job skills training – your pathway to landing a role with our employer partners.

Impact is a unique one-year group program, co-designed with Deakin Co and Jobs Victoria, that combines classroom job skills training with hands-on work experience to prepare you for employment with one of our employer partners. Together, we will work to develop your independence, build your job skills and explore your career options with hands-on work experience across various fields, including hospitality, customer service and administration. Throughout the program, you will receive ongoing mentorship and on-site support from Yooralla's job coaches, ensuring you are well-prepared for the transition into employment.

As an Impact participant, you will benefit from:

- **Discovery process:** Explore your skills, strengths, interests, goals and support needs.
- **Job skills training:** Develop your critical thinking, problem solving, teamwork, communication and digital literacy in a small classroom setting.
- **Tailored job coaching:** Find the best job match for your skills and goals with support from our experienced job coaches.
- **Employer orientations:** Explore various career paths and gain hands-on experience in diverse fields.
- **Real-world work experience:** Spend time gaining practical experience with our employer partners.
- **Paid employment:** Transition to paid, open employment with one of our employer partners.

"The program is really fun as you are learning with your friends."

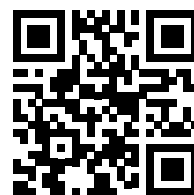
Impact Program participant.

Program details

Yooralla's Impact program runs yearly from late-January to December, with classes held three days per week across metropolitan Melbourne locations. Participants will also gain real-world, on-the-job work experience with our partner employers. Partners have previously included Ben & Jerry's, Carlton Football Club, M80 Alliance and Spiire.

Funding eligibility

- **Capacity Building – Finding and keeping a job in your NDIS plan.**
- **Self-funded.**



**Scan to
find out more**

About us

Yooralla is Victoria's most established and recognised for purpose disability service provider.

We provide a wide range of tailored, flexible and quality services for people with disability of all ages and needs. We work in partnership with people with disability and their support network to support them to live the life they choose.

For more information on our services, please contact us:

yooralla.com.au | 1800 966 725 | yoorallaconnect@yooralla.com.au



Need language help?

Contact the Translating and Interpreting Service (TIS) on 13 14 50

Yooralla is a registered NDIS Provider



yooralla.com.au/socials